

## A Wonderful Weekend with Carmen Mensink

Posted on July 17, 2014 by Laura



We were delighted to welcome Carmen Mensink, a gifted educator and artist based in Amsterdam, back to the museum this past weekend. A practitioner of Tibetan Buddhism who has studied thangka painting extensively, Carmen has taught thangka painting classes in Europe and the States for over fifteen years.



During the weekend, Carmen Mensink taught a range of exciting programs, including a Teen Art Lab session on how to draw the Buddha's head, as well as three workshops for our general visitors inspired by themes found in the exhibition *Bodies in Balance: The Art of Tibetan Medicine*.



Each session included a discussion and sketching in the galleries, followed by art-making in our Education Center. The individual workshops explored the role of the Medicine Buddha, the Diagnostic Tree, and Protective amulets within the context of Tibetan Medicine.



Thank you, Carmen, for making Tibetan Buddhist art come alive through your passion, warmth, and insight into a beautiful and time-honored tradition. We look forward to welcoming you back to the museum!



### About Laura

As Head of Adult & Academic Programs, I enjoy reaching out to the NYC university community, helping faculty and students to utilize our collections in new and exciting ways.

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